## WE CLAIM:

1. A transparent glass-ceramic containing a predominant crystal phase of forsterite, the glass-ceramic having a composition, in weight percent on an oxide basis, consisting essentially of about:

40-60% SiO<sub>2</sub>; 10-25% Al<sub>2</sub>O<sub>3</sub>; 18-30% MgO; 3-10% Na<sub>2</sub>O; 0-10% K<sub>2</sub>O; >5-15% TiO<sub>2</sub>; and

said glass-ceramic has a crystallinity of at least about 30% by weight of forsterite components at a liquidus temperature of about 1525°C or below.

- 2. The glass-ceramic according to claim 1, wherein Na<sub>2</sub>O and K<sub>2</sub>O are both present in about a 1:1 molar ratio.
- 3. The glass-ceramic according to claim 1, wherein said TiO<sub>2</sub> content by weight in said composition is greater than about 6%, and less than about 9%.
- 4. The glass-ceramic according to claim 1, wherein said composition further includes, in weight percent on an oxide basis, up to about 1.3% chromium oxide.
- 5. The glass-ceramic according to claim 4, wherein said composition includes, in weight percent on an oxide basis, about 0.05% to about 0.75% chromium oxide.
- 6. The glass-ceramic according to claim 1, wherein said composition further includes, in weight percent on an oxide basis, up to about 20% GeO<sub>2</sub>.

- 7. The glass-ceramic according to claim 1, wherein said composition includes a transition metal ion selected from the group consisting of Ni<sup>2+</sup>, V<sup>3+</sup>, Co<sup>2+</sup>, Cr<sup>4+</sup>, Cu<sup>2+</sup>, Cu<sup>1+</sup>, Mn<sup>2+</sup>, Fe<sup>2+</sup>, and Ti<sup>3+</sup>.
- 8. The glass-ceramic according to claim 1, wherein said crystallinity is about 35% or more by weight of forsterite components.
- 9. The glass-ceramic according to claim 1, wherein crystals in the crystal phase have a size no larger than about 60 nm.
- 10. The glass-ceramic according to claim 1, wherein crystals in the crystal phase have a size between about 10 nm to about 35 nm.
- 11. A transparent glass-ceramic with a crystallinity of at least about 30% by weight of forsterite components at a liquidus temperature of about 1525°C or below, having a composition, in weight percent on an oxide basis, consisting essentially of about:

43-55% SiO<sub>2</sub>; 11-16% Al<sub>2</sub>O<sub>3</sub>; 20-26% MgO; 3.5-6.5% Na<sub>2</sub>O; 3.0-8.0% K<sub>2</sub>O; 5.5-9.0% TiO<sub>2</sub>.

- 12. The glass-ceramic according to claim 11, wherein Na<sub>2</sub>O and K<sub>2</sub>O are both present in about a 1:1 molar ratio.
- 13. The glass-ceramic according to claim 11, wherein said TiO<sub>2</sub> content by weight in said composition is greater than about 6%, and less than about 9%.
- 14. The glass-ceramic according to claim 11, wherein said composition further includes, in weight percent on an oxide basis, up to about 1.3% chromium oxide.

- 15. The glass-ceramic according to claim 14, wherein said composition includes, in weight percent on an oxide basis, about 0.05% to about 0.7% chromium oxide.
- 16. The glass-ceramic according to claim 11, wherein said composition further includes, in weight percent on an oxide basis, up to about 20% GeO<sub>2</sub>.
- 17. The glass-ceramic according to claim 11, wherein said composition includes a transition metal ion selected from the group consisting of Ni<sup>2+</sup>, V<sup>3+</sup>, Co<sup>2+</sup>, Cu<sup>2+</sup>, Cu<sup>1+</sup>, Mn<sup>2+</sup>, Fe<sup>2+</sup>, and Ti<sup>3+</sup>.
- 18. The glass-ceramic according to claim 11, wherein said crystallinity is about 35% or more by weight of forsterite components.
- 19. The glass-ceramic according to claim 11, wherein crystals in the crystal phase have a size no larger than about 60 nm.
- 20. The glass-ceramic according to claim 11, wherein crystals in the crystal phase have a size between about 10 nm to about 35 nm.
- 21. A method of dissolving at least 30 % by weight of forsterite component in a glass-ceramic, the method comprising:
  - providing a R<sub>2</sub>O-MgO-Al<sub>2</sub>O<sub>3</sub>-SiO<sub>2</sub> glass composition, wherein R is an alkali ion, containing, in weight percent, at least about 3% of Na<sub>2</sub>O coupled with greater than 5% of TiO<sub>2</sub>;

melting said glass at a temperature between about 1575°C to about 1650°C.

22. The method according to claim 21, wherein said glass has a composition, in weight percent on an oxide basis, consisting essentially of about: 40-60% SiO<sub>2</sub>; 10-25% Al<sub>2</sub>O<sub>3</sub>; 18-30% MgO; 3-10% Na<sub>2</sub>O; 0-10% K<sub>2</sub>O; >5-15% TiO<sub>2</sub>.

- 23. The method according to claim 21, further comprising achieving at least 30 % by weight of forsterite component in said glass-ceramic at a liquidus temperature of about 1525°C or below.
- 24. The method according to claim 22, wherein Na<sub>2</sub>O and K<sub>2</sub>O are both present in about a 1:1 molar ratio.
- 25. The method according to claim 22, wherein said TiO<sub>2</sub> content by weight in said composition is greater than about 6%, and less than about 9%.
- 26. The method according to claim 22, wherein said composition further includes, in weight percent on an oxide basis, up to about 1.3% chromium oxide.
- 27. The method according to claim 26, wherein said composition includes, in weight percent on an oxide basis, about 0.05% to about 0.7% chromium oxide.
- 28. The method according to claim 22, wherein said composition further includes, in weight percent on an oxide basis, up to about 20% GeO<sub>2</sub>.
- 29. The method according to claim 22, wherein said composition includes a transition metal ion selected from the group consisting of Ni<sup>2+</sup>, V<sup>3+</sup>, Co<sup>2+</sup>, Cr<sup>4+</sup>, Cu<sup>2+</sup>, Cu<sup>1+</sup>, Mn<sup>2+</sup>, Fe<sup>2+</sup>, and Ti<sup>3+</sup>.
- 30. The method according to claim 22, wherein said crystallinity is about 35% or more by weight of forsterite components.
- 31. The method according to claim 22, wherein crystals in the crystal phase have a size no larger than about 60 nm.
- 32. The method according to claim 22, wherein crystals in the crystal phase have a size between about 10 nm to about 35 nm.

- 33. An optical element selected from the group consisting of an optical fiber, a gain-medium, a laser, and an amplifier, said element comprising: a transparent glass-ceramic containing a crystallinity of at least about 30% by weight of forsterite component at a liquidus temperature of about  $\leq 1525^{\circ}\text{C} \pm 5^{\circ}\text{C}$  or below, the glass-ceramic having a composition, in weight percent on an oxide basis, consisting essentially of about: 40-60% SiO<sub>2</sub>; 10-25% Al<sub>2</sub>O<sub>3</sub>; 18-30% MgO; 3-10% Na<sub>2</sub>O; 0-10% K<sub>2</sub>O; and >5-15% TiO<sub>2</sub>.
- 34. The optical element according to claim 33, wherein Na<sub>2</sub>O and K<sub>2</sub>O are both present in about a 1:1 molar ratio.
- 35. The optical element according to claim 33, wherein said TiO<sub>2</sub> content by weight in said composition is greater than about 6%, and less than about 9%.
- 36. The optical element according to claim 33, wherein said composition further includes, in weight percent on an oxide basis, up to about 1.3% chromium oxide.
- 37. The optical element according to claim 36, wherein said composition includes, in weight percent on an oxide basis, about 0.05% to about 0.7% chromium oxide.
- 38. The optical element according to claim 33, wherein said composition further includes, in weight percent on an oxide basis, up to about 20% GeO<sub>2</sub>.
- 39. The optical element according to claim 33, wherein said composition includes a transition metal ion selected from the group consisting of Ni<sup>2+</sup>, V<sup>3+</sup>, Co<sup>2+</sup>, Cr<sup>4+</sup>, Cu<sup>2+</sup>, Cu<sup>1+</sup>, Mn<sup>2+</sup>, Fe<sup>2+</sup>, and Ti<sup>3+</sup>.
- 40. The optical element according to claim 33, wherein said crystallinity is about 35% or more by weight of forsterite components.
- 41. The optical element according to claim 33, wherein crystals in the crystal phase have a size no larger than about 50 nm.

42. The optical element according to claim 33, wherein crystals in the crystal phase have a size between about 10 nm to about 35 nm.